

SHAC Meeting Agenda

Date: November 21, 2024 Time: 2:00pm

Location: Charlotte Library (South Blvd. Library), 4429 South Blvd, Charlotte, NC 28209

Meeting Attendees: Vernessa Bowles, Rhonda Harris, Treva Johnson, Sahsine Davis, Molly Rush, Andrew Romberger, Krista Collins, Brittany Feeling, Kerry Barbera, Anna Priester, Shatanya Smith, Susan Bond, and Letanya Love

School Health Advisory Council: Our Charge

A School Health Advisory Council (SHAC) is required by NC State Board of Education Healthy Active Children Policy (HRS-E-000) and CMS Student Wellness Policy and Regulation (JL, JL-R).

Responsibility #1: Work in conjunction with CMS leadership to plan, implement and monitor compliance with CMS Policy JL – Student Wellness and other CMS policies, regulations, and programs related to health and wellness.

Responsibility #2: Review CMS annual progress report related to compliance with Policy JL.

Responsibility #3: Develop resources for staff, students, and parents about CMS health policies and regulations that impact student mental and physical health.

Responsibility #4: Promote student-centered programs intended to positively impact health, wellness and safety.

Agenda Items	Notes
Welcome, Introductions, and Inclusive Welcome	
NSDWC Convening 2024 Overview (Treva Johnson & Shatanya Smith)	Treva and Shatanya provided an overview of the convening they attended. Details are included in the SHAC presentation below.
American Heart Association-School Engagement (Sydney McKinney)	<ul style="list-style-type: none"> ● https://www.youtube.com/watch?v=87Vj4atK7gE ● WHAT IS KIDS HEART CHALLENGE/ AMERICAN HEART CHALLENGE? <ul style="list-style-type: none"> ○ Service-Learning Project ○ Learn Hands-Only CPR ○ Educational resources and videos: ○ Calming walls, physical activity videos, STEAM activities for the gym ○ Givebacks & Grant Opportunities ○ Professional Development ○ PE and Health Standard-aligned Educational Resources ○ AHA Staff Partner on Campus ○ Survivor Recognition ○ Inspires Leaders ● PROFESSIONAL DEVELOPMENT <ul style="list-style-type: none"> ○ Hours for teachers who implement our program ○ Summer opportunities for Superintendents, Principals, Nurses and P.E. educators ○ Monthly webinar opportunities in the fall and spring ● OPEN <ul style="list-style-type: none"> ○ Virtual training opportunities ○ Free resources and lesson plans ○ On demand training ○ US Games givebacks can be used for OPEN professional development

<p>Workgroup Sub-committee Homework</p>	<p>Start Reviewing the Healthy Schools Assessment and the Thriving Schools Integrated Assessment (TSIA) with your sub-committee. The goal is to submit new assessments for our district.</p> <p>Healthy Schools Assessment-District TSIA-District</p> <p>Meet with your sub-committees prior to February 27th so you are able to report out at the next SHAC meeting.</p>
<p>Updates/Announcements:</p> <ul style="list-style-type: none"> ● Nutrition ● School Nursing Staffing Updates ● Other Announcements 	<ul style="list-style-type: none"> ● School Nutrition is in the process of submitting the Second Triennial Assessment to NC DPI. The Triennial Assessment reports are due every three years. The first one was submitted back in 6/2021. We will continue to use the WELLSAT-I 3.0 Assessment Tool to measure the strength and comprehensiveness of our CMS Local Wellness Policy. ● Wellness Champion Superhero Spotlight-Social Media Coordinated School Health Facebook page: Like and Follow us https://www.facebook.com/profile.php?id=100092374578146&mibextid=ZbWKwL
<p>SHAC Presentation</p>	<p>SHAC Presentation 11.21.24</p>
<p>Next meeting</p>	<ul style="list-style-type: none"> ● NEXT MEETING February 27, 2025 2:00 p.m.

Thank You!